# Support groups and organisations for victims of domestic violence

## Northamptonshire Domestic Abuse Service (NDAS) www.ndas.co.uk

Local charity that has been operating since 1974. NDAS provide safe refuge for men, women and children fleeing domestic abuse. NDAS also provide a specialist refuge for female victims of abuse that also have drug and alcohol addictions. NDAS also offer:

- Group work
- 12 week intensive support programme for adult victims
- Drop in services
- Specialist training for professionals

NDAS can be contacted in a variety of ways:

- 24 hour helpline: 0300 0120154
- Email: advice@ndas-org.co.uk
- Online chat www.ndas.co
- Facebook messenger: www.facebook.com/NorthamptonshireDAS

#### **EVE** (formerly NVCFR): www.eveda.org.uk

A registered charity working with survivors of domestic violence and abuse since 1984. We are based in Northampton but take referrals for refuge accommodation from all over the Country. We have been running a Family Refuge in Northamptonshire for over 35 years.

Our Restored Programme helps women who are victims of domestic abuse to rebuild their lives and prepares them for a future. We offer therapeutic group work sessions for women, children and families that help them to identify domestic abuse and to develop the resilience and confidence to change their lives. We also train professionals in a range of topics to help them help victims become survivors.

WEN Women's Aid: <a href="www.wenwomensaid.co.uk">www.wenwomensaid.co.uk</a>advice@ndas-org.co.uk</a> Online chat <a href="www.ndas.co">www.mensaid.co.uk</a> A registered charity working with survivors of domestic violence and abuse since 1984. We are based in Northampton but take referrals for refuge accommodation from all over the Country. We have been running a Family Refuge in Northamptonshire for over 35 years. Our Restored Programme helps women who are victims of domestic abuse to rebuild their lives and prepares them for a future. We offer therapeutic group work sessions for women, children and families that help them to identify domestic abuse and to develop the resilience and confidence to change their lives. We also train professionals in a range of topics to help them help victims become survivors. WEN Women's Aid: <a href="www.wenwomensaid.co.uk">www.wenwomensaid.co.uk</a> Provides safe, secure and confidential accommodation in three refuges within Northamptonshire for women and their children who are fleeing domestic violence or the threat of domestic

violence. We also provide an Outreach & Support Service for women who live in their own accommodation. <a href="www.thehideout.org.uk">www.thehideout.org.uk</a> Women's Aid have created this space to help children and young people to understand domestic abuse, and how to take positive action if it's happening to you.

## www.thehideout.org.uk

Women's Aid have created this space to help children and young people to understand domestic abuse, and how to take positive action if it's happening to you. The website has pages aimed directly at children, young people and adults.

National Domestic Violence Helpline: www.nationaldomesticviolencehelpline.org.uk 24-hour National Domestic Violence Freephone Helpline 0808 2000 247 Immediate information and support for women experiencing domestic violence. If lines are busy on the Helpline, keep trying. Quieter periods are after 4pm, evenings, nights and weekends. In an emergency, always call the police by dialling 999. In addition to the Helpline, the Women's Aid and Refuge website links can provide immediate online support and information for women experiencing domestic violence.

# **Domestic Abuse Against Men - NHS Choices**

Information and help on the NHS Choices website for men who may be experiencing Domestic Abuse.